



The Great Tartan Skidaddle 2017

Sat. 15th April

Event Information Pack

Event Summary

This stunning event involves a 31 mile run or a 30 mile run – bike – run duathlon along The Great Trossachs Path from Inversnaid to Callander.

Parking

Parking for this event is in the car parks next to the finishline so that your car is close when you finish the event...

The meadows car park FK17 8BA / Station Rd. Car Park FK17 8DT

Please note, parking charges apply.

Please park your car before registering and bring everything you need to registration. Timing will be tight.

There is also parking at McLaren leisure centre where the event registration will take place but parking here will mean that you have a walk to your car after finishing the event.

Registration and Briefing/ Event Times

Registration will take place at McLaren Leisure Centre in Callander FK17 8JP at the following time.

Please make sure you register within this time slot, we can't delay departure for the start of the race for late entries so registration must close on time. If you have entered on line you still need to register within this timeframe and collect your race number.

Date and Time	Event	Location	Notes
Sat. 15th April			
6.00	Duathlon Registration, Bike and Helmet drop off/ Fuel Pack Drop off.	McLaren Leisure Centre Callander FK17 8JP	All possessions are left at owners risk and must be insured by owners.
6.30	Ultra Marathon Registration / Fuel pack drop off.	McLaren Leisure Centre Callander FK17 8JP	Registration will close at 7 so please give yourself enough time to get to registration.
07.10	Board buses	McLaren Leisure Centre Callander FK17 8JP	The bus takes approximately 1 hour from Callander to Inversnaid. Happy snoozing.
07:20	Wheels Turning		
08:40	Race Briefing	Inversnaid Hotel	Toilet facilities are available at the hotel
09:00	Race Start	From the Pier at Inversnaid	The Duathletes will leave 2 minutes before Ultra runners.
5.00	Prize Giving	Waverley Hotel Callander Main Street 50% food voucher for all participants.	We aim to run the prize giving at 5pm which should give all runners time to finish the race but we reserve the right to delay this to wait for late finishers so that they can celebrate with the rest.

Age Categories and Prices

Online entry is essential. Entries will close on Sunday 9th April at 5pm. All entries are subject to availability.

Age Categories			
Ultra Marathon	Senior	21-35	£40
	Vet	36-50	
	SuperVet	51 - 60	
	Wondervet	61+	
Duathlon	Senior	18-35	£45
	Vet	36-50	
	SuperVet	51-60	
	Wondervet	61+	

If the cost of this event prevents you from entering please contact Skidaddle to discuss

Prizes

Medals will be awarded to overall Bronze, Silver and Gold winners in each distance in both male and female categories.

Age category medals will be available to order from Skidaddle after the event at a cost of £5/medal.

Finisher's medals and event mugs can be purchased through the ticket purchase system and will be available for collection at the finish-line.

Some may be available for purchase on the day but are subject to availability and price increase. Current on the day prices are as follows...

Mug and Medal	£10
Mug	£6
Medal	£5

The Route/ Terrain

The route goes from The Pier at Inversnaid to Callander. A bus will be provided from Callander on the morning of the event.

The route includes muddy footpath, gravel trail, tarmac single track road and forest track.

For full route details please see additional Route maps and descriptions.

Equipment

- **All cyclists MUST wear an appropriate cycle helmet.**
- **Road bikes with road bike tyres will not be suitable for the route** as some sections are steep and off road including muddy forest tracks and rocky footpaths.
- Full body cover is highly recommended, winter conditions can be expected.
- **Full upper body cover is mandatory**
- **A personal first aid kit must be carried by all participants**
- You may wish to carry a change of socks as the first section of the route can get quite muddy.
- Tartan is essential!!

Duathletes

Duathletes will run the first 5 miles and collect their bikes at Stronachlachar. They will then cycle 18 miles along Loch Katrine and into the forest beyond and will leave their bikes at checkpoint 3 from where they will run the last 7 miles to Callander.

To collect your bike drive to Glen Finglas Gateway Centre on the A821 – 6 miles drive from the finishline in Callander and just to the East of Brig O'Turk.

Bikes are to be collected from here by the athlete on production of race number and password.

Toilet Facilities

There are toilet facilities at the following locations...

- Registration
- Inversnaid Hotel – Briefing
- Stronachlachar Pier – Checkpoint 1. 5 miles in.
- Trossachs Pier – Checkpoint 2. 18 miles in.
- Glenfinglas Gateway centre - Checkpoint 3 – 24 miles in.

Accommodation

Budget accommodation is available at Callanders 5* hostel - www.callanderhostel.co.uk

On Route Refreshments and Water

There are 3 Fuel/ Water stations on route as follows...

1. Stronachlachar
2. The Trossachs Pier
3. Lendrick Hill Car Park.

Participants may leave a small fuel pack for each of these locations. These are to be deposited at registration. Packs should be no more than 20cm³ and should be clearly marked with race number. Race numbers will be confirmed at registration so leave a space on your pack that can be marked with your race number.

Water will be provided at each of these locations. Participants are recommended to carry their own additional water.

Prize giving

Prize giving will be held by the finish line after all contestants have finished. At Skidaddle we believe that the prize giving ceremony should celebrate not just the winners but all who have taken part. If possible please stay at the end of the event to help support the later finishers and join us at the prize giving.

Headphones

For safety reasons cyclists are not permitted to use headphones during the event. Runners are only permitted to use 1 headphone. Any breach of these rules will lead to disqualification.

Results and Photos

Results and photos will be posted on the Skidaddle website www.skidaddle.org and on Facebook as soon after the event as possible. We will do our best to get these up on the day of the event but please bear in mind that Skidaddle is run mostly by volunteers and this may sometimes take a bit longer.

If there are any queries regarding the results please contact Skidaddle by email at info@skidaddle.org and we will do our best to sort out any issues as quickly as possible.

The environment

Scotland is a beautiful country but our natural environments are at risk. Please support the Skidaddle policy by taking all litter home.

Any participants seen dropping litter will be disqualified from the event and may be banned from future Skidaddle events.

Terms and Conditions

- **Cancelations and Refunds** – Refunds will only be given on bookings that are cancelled more than two weeks before the date of the event.
- **Exchanging entry numbers** – Each entry is valid only for the named person registered with the ticket and cannot be passed to a third party at any time.
- **Changing age or event categories** – It is the responsibility of the participant to book into the correct event category (10k/ 5k etc.) and any changes requested will be subject to a fee of £5 per change.
- **Entering in the wrong category** – Any entrant who participates in a different category to that which they have registered in will be disqualified and will not appear in the event results.

We look forward to seeing you on the day

Don't forget your tartan!!