



# Ben Gullipen Hill race 2017

Sat. 11<sup>th</sup> March

## Event Information Pack

### Parking and Event HQ Location

Parking is available at Coilhalla car park on the Invertrossachs road by the start of the race but is limited.

Please share transport if at all possible.

Overflow parking will be in Callander and will involve a 15-20min walk to the start line. (A perfect warm up run.) from this car park. A shuttle service will be provided if needed.

The main event car park is just before wheels Cycle Centre at FK178HW.

We cannot guarantee parking in the main car park so parking in Callander may be essential.

### Registration and Briefing/ Event Times

Registration will take place at the following time at Coilhalla car park. Please make sure you register within this time slot, we can't delay the start of the race for late entries so registration must close on time. If you have entered on line you still need to register within this timeframe and collect your race number.

Time	Event	Location	Notes
09.30 -10.30	Registration for all runners	Start Line – Race HQ	
10.45	Race Briefing	Start Line – Race HQ	<b>Please leave dogs in car during the briefing.</b>
11.00	Race start	Start Line – Race HQ	Senior Hill runners will start first at 11am. Junior runners and canicrossers will leave after with Canicrossers leaving first at 10s intervals.
After all runners finish	Prize Giving	Start Line – Race HQ	

### Entry Fees

**Online entries close at 5pm the Thursday before the event**

On the day entry is subject to availability and only cash payments will be accepted.

	Online Entries	On the day Entries
<b>Junior Cost</b>	£10	£12
<b>Senior Cost</b>	£13	£16

## Age Categories

Age Categories		
Junior Race	Juniors 1	12 - 14
	Juniors 2	15-17
	Junior Canicross	12-17
Ben Gullipen	Senior	18 - 39
	Vet	40-55
	Supervet	56-69
	Wondervet	70+
	Senior Canicross	18-39
	Vet Canicross	40+

## Prizes

Medals will be awarded to overall Bronze, Silver and Gold winners in each distance in both male and female categories.

Age category medals will be available to order from Skidaddle after the event at a cost of £5/medal.

Finisher's medals and event mugs can be purchased through the ticket purchase system and will be available for collection at the finish-line.

Some may be available for purchase on the day but are subject to availability and price increase. Current on the day prices are as follows...

Mug and Medal	£10
Mug	£6
Medal	£5

## Toilet Facilities

There are no official toilet facilities at the Race HQ. Closest public toilets are at Station Rd. car park behind the dreadnought hotel.

## Terrain and Equipment

The race consists of forest track and pathway on an out and back route of 13.6km. (total)

The Canicross and Junior route is a total distance of 7.7km and is a lollipop route with the same start and finish as the main route.

There may be snow and ice on the route and in this situation running crampons are advisable.

Sections of this route are exposed to the elements and all runners are strongly advised to carry at least full upper body cover.

## Dogs

Please note that the race is open to canicross (running with a dog) and therefore there will be dogs around on the day.

## Water

There will be water provided at the end of the race. There will also be a water station at the top of the hill for Ben Gullipen runners. If you require more water on route please make arrangements to carry this yourself.

## Junior contestants

Please note that all contestants under the age of 18 must have signed permission from a responsible adult in order to participate. For contestants under the age of 16 the responsible adult must be present at the event throughout the duration.

### Refreshments

Tea and coffee will be served at the finishline for a donation so please have small change handy.

### Prize giving

Prize giving will be held by the finish line after all contestants have finished. At Skidaddle we believe that the prize giving ceremony should celebrate not just the winners but all who have taken part. If possible please stay at the end of the event to help support the later finishers and join us at the prize giving.

### Canicross contestants

- Please note that dogs must be kept on leads/ bungees at all times during the race and around the event HQ.
- Participating dogs must wear a canicross harness. **Dogs cannot enter on a lead and collar.**
- Dog owners are responsible for the welfare of their dogs and for clearing up after their dogs.
- Any canicross entrant seen mistreating their dog in any way will be disqualified from the event.
- Participating dogs should be willing participants and must be a minimum of 12 months old.
- Canicrossers are allowed to run with 1 dog per runner.
- Runners must run behind their dog at all times. If your dog is running to the side it is your responsibility to move behind your dog so you are not blocking the path.
- Canicrossers will be responsible for arranging their own starting order at the event.

### Results and Photos

Results and photos will be posted on the Skidaddle website [www.skidaddle.org](http://www.skidaddle.org) and on Facebook as soon after the event as possible. We will do our best to get these up on the day of the event but please bear in mind that Skidaddle is run mostly by volunteers and this will sometimes take a bit longer.

If there are any queries regarding the results please contact Skidaddle by email at [info@skidaddle.org](mailto:info@skidaddle.org) and we will do our best to sort out any issues as quickly as possible.

### Terms and Conditions

- **Cancelations and Refunds** – Refunds will only be given on bookings that are cancelled more than two weeks before the date of the event.
- **Exchanging entry numbers** – Each entry is valid only for the named person registered with the ticket and cannot be passed to a third party at any time.
- **Changing age or event categories** – It is the responsibility of the participant to book into the correct event category (10k/ 5k etc.) and any changes requested will be subject to a fee of £5 per change.
- **Entering in the wrong category** – Any entrant who participates in a different category to that which they have registered in will be disqualified and will not appear in the event results.