



The Trossachs 10k series was founded by Skidaddle in 2015 and is bringing together the 10k events within Loch Lomond and the Trossachs National Park while increasing opportunities for participants and enhancing the social and economic benefits of such events.

2017 series Dates

Event	Date	
Buchlyvie 10k	28th January 2017	http://www.buchlyvie10k.co.uk/
Breathing Space Callander 10k Spring	6 th May 2017	http://skidaddle.org/event/breathing-space-callander-10k/
Run Mhor – Balquhidder 10k	24 th June 2017	http://www.runmhor.net/
Killin 10k	26 th August	http://www.killin10k.co.uk/
Aberfoyle 10k	23rd September	
Breathing Space Callander 10k Autumn	7 th October	www.skidaddle.org

How to enter the series

Each runner must enter the minimum number of events (3) before entering the series through the Skidaddle website.

Please note that while Skidaddle runs the series, each 10k is run independently and must therefore be booked independently.

Once a runner has entered the necessary number of events they can then enter the series.

1. Enter 3 or more of the participating events
2. Go to the Skidaddle website and enter the 10k Series for free
3. You will be asked which events you have entered. (You must have already entered these before you join the series.)
4. After you have entered the series each event manager will pass your results back to Skidaddle so that your score can be calculated.
5. If you choose to enter more than 3 events your best 3 times will be used for the series.

Please note: Entry into the series is not automatic. If you want to join the series you must enter as above.

Calculating Runners Scores

Because all of the 10ks are so very different in terrain we use a scoring system which calculates runners points for each 10k using the fastest time in each age and gender category as a benchmark. This benchmark time is then compared against each runner's time to create the athletes score for each event.

This also means that athletes from all age and gender categories can compete against each other for the series trophy on an even footing.

Each of the 10k events in the series will have different age categories, this is not a problem. The categories used for the series are detailed below.

Age Categories		
10k	Junior	15-17
	Senior	18-35
	Vet	36-50
	SuperVet	51-60
	Supervet+	61+

Example score card

	Race 1			Race 2			Race 3			Total Score
	Runner time	Category Winner Time	Score	Runner time	Category Winner Time	Score	Runner time	Category Winner Time	Score	
Joe bloggs	35.10	35.10	100	38.16	34.02	89	39.05	39.05	100	289
Willie Winkle	44.05	43.12	98	52.45	52.45	100	48.58	48.58	100	298
Jemima Puddles	41.02	40.49	99	39.30	39.28	99	32.40	32.30	99	297

Scores will be calculated to 2 decimal points. The above is just an example.

- Runners can enter more than the minimum events if they wish. In this situation we will take their highest 3 scores into the final score.
- If two runners are consistently good in their category we could end up with 2 or more runners each with 300 points. In the case of a tie break we will add the time difference between the runners winning time and the time of the person in second place meaning that in a tie break situation runners will be rewarded for having a bigger lead. This also allows for somebody winning all of their races because there is nobody else in their category. If there is nobody in second place no extra points will be added in a tie break situation.

Event T Shirts/ medals and trophies

Skidaddle will arrange for each series participant to receive a free event T shirt.

A stunning bespoke trophy has been made with capacity for 21 years use. Can you get your name on it??? There are also medals for the series runner ups.
