



Section 2. Route Description – 12.6 miles for cyclists – 13.6miles for runners

At Stonachlahar duathletes collect their bikes and the race then continues on the tarmac road along Loch Katrine side to the Trossachs Pier. $\frac{3}{4}$ of the way along this road runners will turn left onto a forest path around primrose hill. The cyclists will continue on the main road at this point.