

Loop O'The Loch 2017



Sat. 10th June

Event Information Pack

Event Summary

This stunning event involves a 16 mile loop around one of Scotland's most spectacular Lochs – Loch Venacher, travelling in a clockwise direction. With stunning views and challenging trails this is not an event to miss. There are three options in this event – THE LOOPY CYCLE, THE LOOPY RUN OR THE LOOPY DUATHLON.

Parking and Event HQ Location

Parking is available at Callander Meadows car park FK17 8BA

And at Station Road car park ..FK17 8DT

Please note that standard parking charges will apply.

The event HQ is just next to the Meadows car park by the crazy golf centre.

Registration and Briefing/ Event Times

Registration will take place at race HQ the following time in the meadows near the Meadows CP. (See post code above)

Please make sure you register within this time slot, we can't delay the start of the race for late entries so registration must close on time. If you have entered on line you still need to register within this time frame and collect your race number.

Time	Event	Location	Notes
09.15 -10.30	Registration for all participants	Start Line – Race HQ	
10.45	Race Briefing	Start Line – Race HQ	Attendance is mandatory
11.00	Race start	Start Line – Race HQ	Cyclists will leave first at intervals.
After all participants finish	Prize Giving	Start Line – Race HQ	

Entry Fees

Online entries close at 5pm the Thursday before the event

All entries, including on- the- day entries are subject to availability and only cash payments will be accepted on the day.

Entry	Online Entries April Fools Offer	Online Entry	Online Entry + supporter's donation	On the day entry
Cost	£10	£15	£20	£20

If the cost of this event prevents you from entering please contact Skidaddle to discuss.

Further explanation of our prices can be found on our website at <http://skidaddle.org/events/about-our-events/>

Age Categories

Age Categories		
Loopy Cycle	Junior	15- 17
	Senior	18-35
	Vet	36-50
	Supervet	51+
Loopy Run	Senior	18-35
	Vet	36-50
	SuperVet	51+
Loopy Duathlon	Senior	18-35
	Vet	36-50
	SuperVet	51+

Prizes

Medals will be awarded to overall Bronze, Silver and Gold winners in each discipline in both male and female categories.

Age category medals will be available to order from Skidaddle after the event at a cost of £5/medal.

Finisher's medals and event mugs can be purchased through the ticket purchase system and will be available for collection at the finish-line.

Some may be available for purchase on the day but are subject to availability and price increase. Current on the day prices are as follows...

Mug and Medal	£10
Mug	£6
Medal	£5

Toilet Facilities

The nearest public toilets are a 2 minute walk from race HQ in Station road car park.

Terrain The race consists of cycle trail, single track road, forest tracks and steep gravel paths (total 16 miles) The route is open to other road users and the Highway Code should be followed at all times.

The return journey follows an undulating hill path with very steep sections and sharp corners. There are also a number of pedestrian gates on the route and these should be left as they are found.

Cyclists should be prepared to dismount to pass through gates.

Equipment

Cyclists must wear a suitable cycle helmet at all times

Full upper body cover (jumper or jacket) must be carried by all participants.

Personal first aid kit must be carried by all participants

Cyclists are responsible for ensuring that their bikes are in good working order. It is not Skidaddle's responsibility to deal with equipment that has not been maintained and is not suitable for this event.

Loopy Duathlon

Duathletes will cycle the first 9 miles of the route from Callander to Glen Finglas Gateway Centre where they will leave their bike and run the remaining 7 miles.

To collect your bike at the end of the event, drive to Glen Finglas Gateway Centre on the A821 – 6 miles drive from the finish line in Callander and just to the East of Brig O'Turk.

Bikes are to be collected from here by the athlete on production of race number and password.

Suitable Bikes – Loopy Cycle and Duathlon

Duathlon – Duathletes can use mountain bikes, hybrids or cyclocross bikes. The duathlon route can be done on a road bike but the route is not entirely on tarmac and cyclists choosing this option are therefore more susceptible to problems.

Loopy Cycle – Cyclists can use mountain bikes, hybrids or cyclocross bikes with thicker wheels and some grip. Road bikes are not appropriate for this discipline as the last 7 miles are steep with rough terrain.

Water Stop/ Transition area

There will be water provided at the end of the race. There will also be a water station at the Glen Finglas gateway centre/ duathlon transition location. If you require more water on route please make arrangements to carry this yourself.

Participants may leave a small bag or fuel pack at registration which will be taken to transition. Please ensure each item is clearly labelled with your name and has space to write your race number on the day.

Junior contestants

Please note that all contestants under the age of 18 must have signed permission from a responsible adult in order to participate. For contestants under the age of 16 the responsible adult must be present at the event throughout the duration.

Refreshments

Tea and coffee will be served at the finish line for a donation so please have small change handy.

Prize giving

Prize giving will be held by the finish line after all contestants have finished. At Skidaddle we believe that the prize giving ceremony should celebrate not just the winners but all who have taken part. If possible please stay at the end of the event to help support the later finishers and join us at the prize giving.

Headphones

For safety reasons headphones are only permitted on forest tracks and off road paths and **must** be removed for ALL road sections. Any breach of these rules will lead to disqualification.

Headphones must be completely removed for ALL road sections even when running on pavements and single track roads.

Cyclists are not permitted to use headphones during the event.

Results and Photos

Results and photos will be posted on the Skidaddle website www.skidaddle.org and on Facebook as soon after the event as possible. We will do our best to get these up on the day of the event but please bear in mind that Skidaddle is run mostly by volunteers and this may sometimes take a bit longer.

If there are any queries regarding the results please contact Skidaddle by email at info@skidaddle.org and we will do our best to sort out any issues as quickly as possible.

The environment

Scotland is a beautiful country but our natural environments are at risk. Please support the Skidaddle policy by taking all litter home.

Any participants seen dropping litter will be disqualified from the event and may be banned from future Skidaddle events.

Ticks

Ticks are common in the Trossachs and an undetected tick bite can lead to severe consequences. We strongly advise that you use a suitable insect repellent and wear long sleeves/ trousers when travelling through areas of vegetation. <http://www.lymediseaseaction.org.uk/about-ticks/>

Childcare

Children **must not** be left unsupervised at the event. Skidaddle **does not** provide a childcare service, this is your responsibility.

Terms and Conditions

- **Cancelations and Refunds** – Refunds will only be given on bookings that are cancelled more than two weeks before the date of the event.
- **Exchanging entry numbers** – Each entry is valid only for the named person registered with the ticket and cannot be passed to a third party at any time.
- **Changing age or event categories** – It is the responsibility of the participant to book into the correct event category (10k/ 5k etc.) and any changes requested will be subject to a fee of £5 per change.
- **Entering in the wrong category** – Any entrant who participates in a different category to that which they have registered in will be disqualified and will not appear in the event results.
- **Withdrawals** - Anybody withdrawing from the event must report to a marshal before leaving.
- **Skidaddle withdrawals** – Skidaddle reserves the right to withdraw any participant for their own safety or the safety of others.
- **Insurance** - Participants are responsible for their own safety throughout the event. Skidaddle insurance does not cover participants for personal injury, loss or damage. If personal insurance is required this is the responsibility of participants.
- **Personal Equipment** – Any personal possessions left with Skidaddle are left entirely at the owner's risk.